

MEDICAL TIMES

26-01-2025

SUNDAY EDITION

VOLUME - 6



"Incredible Things Happen Here"
Transforming lives, today, tomorrow, everyday

ABOUT HOSPITAL

Established in 2006

Location: Boggulakunta, King Koti

At Kamineni Hospital, Boggulakunta, King Koti we believe in providing world-class clinical care at affordable prices. Quality and patient experience is our topmost priority.

Through our journey spanning over three decades, we constantly strive to push our limits to achieve excellence in healthcare. It is a matter of pride and immense professional satisfaction that our team of Doctors and other care providers have consistently managed to achieve near-impossible results.



Dr. Sri Aditya B

MBBS, MS (Orthopaedics) FIJR

Consultant Orthopaedics &

Joint Replacement Surgeon

Kamineni Hospital - King Koti, Hyderabad

ABOUT DOCTOR

Dr. Sri Aditya. B, one of the top orthopaedic surgeons in Hyderabad, specializes mainly in knee and hip joint replacement surgeries, as well as other sports injuries and Complex trauma cases.

As an expert in Simple and Revision joint replacement surgeries, **Dr. Sri Aditya. B** continuously strives to enhance his techniques and adopts the latest methods to improve patient outcomes.

His patient-centric approach ensures that every possible factor is considered to provide the best outcomes and quality of life for his patients.

With a comprehensive background and a passion for excellence, **Dr. Sri Aditya. B** is a valuable asset in the realm of orthopaedics, ensuring optimal care for his patients.



RARE CASE ABOUT CASE

Transformative Journey Through Hip and Knee Surgeries

Surgery 1: Hip Joint Replacement

Date of Admission: 10-12-2024

Dates of Surgery: 11-12-2023

History:

The patient, a 71-year-old male, suffered a fall at home, resulting in an intracapsular fracture of the neck of the right femur. He was unable to stand or walk following the incident and was promptly brought to the emergency room (ER).

Diagnosis and Treatment:

Immediate evaluation in the ER confirmed the fracture.

After thorough preoperative assessment, the patient underwent successful right hip joint replacement surgery.

Recovery:

- Postoperative Progress: The patient began walking independently on the first postoperative day.
- Hospital Stay: Discharged within 72 hours of the injury.
- Outcome: A quick and seamless recovery restored the patient's mobility and confidence in the hospital and medical team.

Surgery 2: Bilateral Total Knee Replacement (TKR)

Date of Admission: 1-11-2024

Dates of Surgery:

Right Knee: 4-11-2024 **Left Knee:** 7-11-2024

History:

Inspired by his remarkable recovery from the hip surgery, the patient sought further treatment to regain full independence. He had been suffering from Grade 4 Osteoarthritis in both knee joints, severely impacting his ability to perform daily activities.

Treatment Plan:

A staged bilateral total knee replacement was planned, with comprehensive preoperative evaluations to ensure the patient's fitness for surgery at the age of 72 years.

Recovery:

Immediate Postoperative Progress: The patient was able to bear weight and walk shortly after both surgeries.

Three Weeks Post-Surgery:

- Walking confidently without support
- Climbing stairs
- Performing cycling exercises
- Hospital Stay: Discharged within 72 hours after each procedure.

Outcome:

The patient's determination and trust on the Doctors & Hospital, led to a full recovery, allowing him to resume his regular activities and enjoy an active lifestyle.

Expert Insights:

Doctor's Words:

"Total Knee Replacement (TKR) surgery is a very safe procedure with minimal downtime, enabling patients to regain independence and lead active lives."

Treatment Options for Osteoarthritis:

Not all elderly patients with knee arthritis require surgery. Treatment plans are tailored to individual needs and may include:

- Medications
- Lifestyle modifications
- Physiotherapy
- Knee joint injections (Pain blocks, PRP, Stem Cells)
- Surgery (if conservative methods are ineffective)

Criteria for Surgery:

- Pain that hinders daily activities
- Radiological evidence of advanced osteoarthritis
- Clinical examination findings
- Patient's activity level and requirements

Why Kamineni Hospitals, King Koti ?

Located in Boggulakunta, King Koti, Kamineni Hospitals is renowned for its Fast-Track Knee Replacement Surgeries. The team of experts has pioneered the Minimally Invasive Subvastus (MISVS) Approach, enabling:

- Quicker postoperative recovery
- Shorter Hospital stays (72 hours)
- A seamless end-to-end process for knee replacement patients

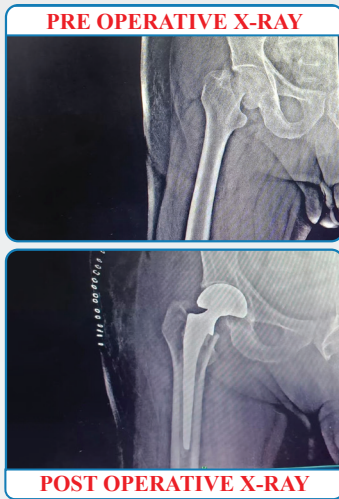
Conclusion:

This case highlights the life-changing potential of timely and expert orthopedic care. The patient's journey from hip joint replacement to bilateral knee replacement demonstrates the importance of advanced surgical techniques and comprehensive patient care in restoring mobility and independence, even in elderly patients.

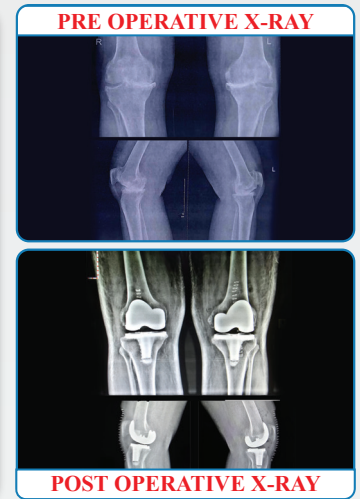


PATIENT OWN WORDS

HIP SURGERY



KNEE SURGERY



My Name is Mr. Nemichand Jain, a 71-year-old resident of Hyderabad. I am truly grateful to share my recovery story after battling severe osteoarthritis in both my knees for several years. The pain was constant and excruciating, making even simple activities like walking, sitting, and climbing stairs a challenge.

After much deliberation, I decided to consult with the experts at **Kamineni Hospitals, Boggulakunta, King Koti**. From the very first visit, I was reassured by the professionalism and warmth of the entire team. **Dr. Sri Aditya B**, an exceptional orthopedician, carefully listened to my concerns and explained the best treatment options in detail. His confidence and expertise immediately put me at ease.

Following thorough evaluations and discussions, I underwent bilateral knee replacement surgery under **Dr. Sri Aditya B's** care. The surgery was a resounding success. The post-operative care and rehabilitation provided by the hospital were nothing short of extraordinary. The nursing staff, physiotherapists, and the entire team ensured I was comfortable and well-supported throughout the recovery process.

Today, I am thrilled to say that I enjoy a pain-free life. I can walk effortlessly, sit and stand without hesitation, and even climb stairs something I thought would never be possible again. My quality of life has improved tremendously, and I owe it all to **Dr. Sri Aditya B** and the dedicated team at **Kamineni Hospitals, Boggulakunta, King Koti**.

To anyone suffering from debilitating Hip & Knee Pain, I wholeheartedly recommend **Kamineni Hospitals, Boggulakunta, King Koti**. The care, expertise, and personalized attention I received have been life-changing. A heartfelt thanks to **Dr. Sri Aditya B** and his team for helping me regain my independence and live a life free from pain.

